



CHEMICAL DEPENDENCY TREATMENT PROGRAMS
OUTPATIENT CENTER

PROFESSIONAL STAFF

Campobello's professional staff is comprised of a multi-disciplinary team. The Program physicians have specializations in addiction medicine, emergency medicine, and additional certification for buprenorphine detoxification for clients with opiate addiction. There are two support physicians with certification in the American Society of Addiction Medicine (ASAM) who provide back-up and consultation services. Our staff frequently refers clients to outside agencies for additional services, e.g., psychotherapy, psychopharmacology assessment and health concerns. Our staff includes state and nationally certified counselors, as well as two certified employee assistance professionals (EAP'S).

The treatment philosophy at Campobello is that of unconditional regard, and a belief that each client has within them the potential for positive change. Our counselors believe in education and positive reinforcement not anger and confrontation. Through education, counselling and small process groups, our clients are treated with dignity and respect.

PROGRAM GOALS

- ◆ Achieve abstinence from alcohol and other psychoactive substances.
- ◆ Improve physical, spiritual and emotional health.
- ◆ Improve understanding & acceptance of the disease of addiction.
- ◆ Improve quality of life, health, and increase self understanding.
- ◆ Manage and/or resolve family, job and legal issues.
- ◆ Establish therapeutic relationships in treatment and build clean and sober support systems.
- ◆ Establish beneficial coping and problem solving strategies for recovery.

MISSION STATEMENT

It is the mission of Campobello to provide primary treatment, education, ongoing support and family services to chemically dependent clients which will result in abstinence from alcohol and all other psychoactive substances, positive family dynamics and a more rewarding lifestyle.

All of Campobello's services are licensed and certified by the California Department of Alcohol and Drug Programs (DADP). Outpatient sessions are available throughout the day and evening. This assists clients to maintain their work schedule.

Experience the freedom of recovery which leads each individual to a life which is **"happy, joyous and free!"**

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WHY CHOOSE CAMPOBELLO

- ❖ Reasonable, affordable rates.
- ❖ Professional assessments.
- ❖ Program Physician diagnosis, history and physical when necessary.
- ❖ Individualized treatment based on client needs.
- ❖ Treatment incorporated around client work schedule. Flexible day & evening treatment.
- ❖ Aftercare included upon completion of treatment.
- ❖ Contracted with most unions and insurance.
- ❖ Campobello utilizes multiple levels of treatment, and supports the concept of combining different levels of care within the same treatment episode.
- ❖ Pioneer in outpatient services, with over ten years experience in delivering cutting edge, individualized treatment.
- ❖ We work with insurance companies, court services, and EAPS / SAPS.
- ❖ Outpatient treatment components include clinical, family, education, aftercare, and interface with referring agencies.

DESCRIPTION OF SERVICES

Access to separate medically monitored detoxification in conjunction with enrollment in the intensive outpatient program. This may be done at the residence or at the Outpatient facility. We are able to offer a relatively comfortable opiate detox using buprenorphine in both facilities.

Education Groups:

We offer small groups covering topics such as post-acute withdrawal symptoms, triggers and cravings, individual issues, thought-stopping, and breaking down the barriers to recovery. Behavioral therapy techniques including situations are common themes for groups. Relapse prevention skills are heavily emphasized during each week's sessions. A strongly supportive atmosphere provides a foundation for a future free of addictions. Principals of self-help through AA/NA are encouraged throughout the program.

Individual Counseling: Sessions are scheduled weekly for the purpose of identification of triggers and barriers to recovery, and for individual treatment planning.

Family Program: Family education and counseling groups are held at the residential facility and are open to all Campobello clients in treatment.

Monitoring and Re-entry Program:

This program is designed to help bridge the gap between the end of treatment and re-entry back to work. It can assist Human Resource managers and supervisors in knowing that their employees are receiving assistance, monitoring and counseling. This program includes random drug testing when requested.

Campobello

Outpatient Treatment



EXPERIENCE THE MIRACLE OF RECOVERY

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